



2024-2025 Golden Elite Allstars Informational Packet

Welcome to Golden Elite Allstars! We are excited for you to become a part of one of Northern California's largest programs for All-Star cheer and tumbling!

Golden Elite Allstars has something for every athlete aged 4 and up. Regardless of skill set, Golden Elite Allstars is a place to call home for everyone!

Outside of training amazing athletes, GEA prides itself on building up the next generation of leaders. We strive daily to teach our athletes important life skills. The importance of commitment, hard work, integrity, leadership, self-confidence, positive attitude, and passion for our sport is at the core of what we instill in each of our athletes! Every single family is important to our program, and we invite you to come and see what being "Golden" is really like.

When you arrive for evaluations, you will check in with your athlete's name. Each athlete will be given a number that you will wear during evaluations.

Selection Process

There are many factors taken into consideration when forming our full season teams. We are looking at the athlete's skills such as tumbling, jumps, stunts, etc. We are assessing whether the athlete is best suited in a position of base, backspot or flyer. One of our main focuses at GEA, is to look for leaders. We want our athletes to demonstrate a strong work ethic, discipline, and passion. We are not just looking to help raise strong cheerleaders. We are looking to train positive role models for the sport and our community.

What we are NOT looking for, are cheerleaders who don't want to be here or don't take this sport seriously. Sitting around at tryouts and or practices, rolling your eyes, or presenting a poor attitude or inability to work within a team may result in you not being placed with a team at Golden Elite Allstars.

Also, understand, we want to see skills you are confident with. Coaches will not spot you on tumbling skills. If you cannot throw the skill with confidence, consistency, and clean technique, we cannot count that towards your evaluations. Do what you know you can do well.

Results

Results will be posted on the website the day after evaluations. You may also receive an email about your athlete's level placements. Please be sure to look through all the lists. If you see an * asterisk next to your name, you need to look for multiple teams. Please keep in mind, you are trying out to be a member of Golden Elite Allstars... not a particular team. Athletes do move up or down within teams and skill levels throughout the season based off their performance, this is not uncommon. If you are only trying out to be a member of Team "so and so" then you may want to reconsider joining our cheer family. Placement on teams is not up for discussion or debate. If you would like to know what your athlete needs to do to progress to a higher-level team at some point in the season, we will be happy to speak with you, but we will not discuss other athletes or why your athlete did not make "such and such" team.

Practices

Once selected for a Golden Elite Allstars team, it is **your** obligation to attend ALL practices, including ALL extra added practices. When one member is absent, it can keep a whole team from achieving their goals for that practice.

Practices start Monday June 3rd or Tuesday, June 4th (exact times will be determined after Try-outs)

We will have practices in the month of June to get the teams together and begin skill building. Those days and times will be emailed asap following placements. Teams will have the weekends off from practices in the summer. Your team will either practice on a Monday/Wednesday or Tuesday/Thursday. **We may change practice times for the fall/winter season.

PLEASE KNOW PRACTICE TIME IS FOR TEAM RELATED ACTIVITIES SUCH AS PERFECTING THE ROUTINE, LEARNING THE PYRAMID, STUNTING, CHOREOGRAPHY, AND ROUTINE RELATED TUMBLING. LIMITED TIME IS SPENT WITH INDIVIDUAL TEAM MEMBERS. GOLDEN ELITE ALLSTARS RECOMMENDS PARTICIPATION IN ADDITIONAL TUMBLING CLASSES, OR TUMBLING PRIVATES TO ENHANCE INDIVIDUAL SKILLS AND PROGRE

Uniforms

Uniforms from the 23-24 season will be used for the 24-25 season. All uniform costs and additional items purchased are non-refundable. **Parents are required to attend the uniform fitting and sign a confirmation of their athlete's order. GEA will not be responsible for uniforms that do not fit upon arrival.** Please note if an athlete's uniform is not paid for by time of arrival, they will not receive it till payment has been completed in full. **Please be aware that our uniforms have scripture on them.**

"John 3:16" and our gym shirts also have scripture on it as well. It cannot be removed or altered in any way.

Attendance/Sick Policy

Contagious illnesses must be called in at least 4 hours prior to practice. Vacation absences must be notified to the office, must be submitted via website form, one month in advance. Family parties/events and conflicting sports or activities are not considered an acceptable reason for missing practice. We take attendance very seriously. *Athletes will incur a \$50 fine for any unexcused absence.* Your account will automatically be charged for the fine without notice. Excessive absences will result in removal from the team. After 2 unexcused practices a meeting will be held with the athlete, athlete's parents & coach/gym owner.

All Athletes MUST attend practices during competition weeks. Missing a practice during competition week can result in your athlete not being able to compete at that week's competition.

Excessive tardiness will not be tolerated. An athlete may be removed from a team or program for violating the attendance policy. Thank you for your support with practice attendance. During competition season, Golden Elite Allstars reserves the right to schedule extra practices, which are mandatory, if necessary. There is no additional cost.

CLOSURE DATES

MOTHER'S DAY-- MAY 12th, 2024

MEMORIAL WEEKEND-- May 24th-27th, 2024

FATHER'S DAY-- June 16th, 2024

JULY 4TH BREAK-- July 1st -July 7th, 2024

SUMMER BREAK--August 2nd – August 11th, 2024

LABOR DAY WEEKEND-- August 30th - September 2nd, 2024

HALLOWEEN-- October 31st, 2024

THANKSGIVING BREAK-- November 27th– December 1st, 2024

CHRISTMAS BREAK-- December 22nd - January 1st, 2025

EASTER-- April 20th, 2025

Best Time to Vacation this season (only 2 missed absences/practices allowed this summer).

July 1st - July 7th, 2024

August 2nd - August 10th, 2024

December 20th - January 1st, 2025

No Vacations to be taken after August 10th, 2024

Stunt Choreography next season will be taking place June 24th-June 30th as well as

Routine Choreography August 12th-18th

Dance Choreography will be in September Date and Time- TBA

Choreography is mandatory. You must attend even if you are sick. Zero Exceptions.

Competitions

Our teams participate in both 1-day and 2-day competitions. There are multiple costs incurred when attending competitions. These costs include but are not limited to competition registration fees, food, travel, and other expenses. Team members must be current with their payments, to participate in competitions. Travel arrangements are the responsibility of the athlete's family. The gym is not responsible for travel accommodations.

As a GEA team member, you are obligated to attend ALL competitions both locally and out of town. There are no exceptions. Attendance is mandatory. It is the team member's responsibility to adhere to the competition schedule. Not showing up to a competition will result in immediate termination.

If one or more team members are unable to attend a competition, the competition may be forfeited based on the coach's decision. There are no competition fee refunds. Please do not schedule vacations or family functions after August 9th. Remember that extra practices are mandatory. You will be given a schedule of our season's competitions as soon as possible and with plenty of time to make future arrangements. Please refer to the competition schedule when scheduling other functions outside of cheer as well as scheduling vacations. This also goes for doctor's appointments. Doctor appointments should be made on non-practice days.

Stay to Play

Some competitions are "stay to play". This means you must stay in designated hotels that the event requires. We can be disqualified from competing at the event if requirements are not met. Links will be sent in an email and you are expected to use the link given to book your hotel. Not all events are "stay to play", but when they are, we will let you know.

GOLDEN ELITE ALLSTARS COMMUNICATIONS

We understand that it is not always easy to contact your team coach before, during, or after practice. To maintain open lines of communication, we will give you many avenues to contact us with your concerns and suggestions. We strive to continuously improve communication channels. Please speak to us directly or send an e-mail to yvonne@goldeneliteallstars.com. This gives you an

opportunity to voice your opinion and positively express concerns for your athlete; give us new information that we may need to know, etc. You may indicate if you would like someone to call you back or if you would like to make an appointment. We will try to get back to you in a timely manner.

Our office staff can assist you with general Golden Elite Allstars information. They are not always informed of specifics for each team. It is your responsibility to keep up with any specific team information. Team coaches can assist with team-related questions. Billing questions can be directed via email to richard@justtumble.com

Parent's Information

We have rules and regulations for our competing GEA athletes. This is what we ask of our GEA parents and families:

Parents & spectators are not allowed to attend or watch practices. Practices are closed for a reason. We ask that you respect our policies and procedures. Window viewing is not acceptable either. The best way you can help, is to support and reinforce the coaches' decisions. We encourage you to drop off and pick up your cheerleader at the beginning and end of each practice. We will not tolerate any name calling, bullying, and disrespecting other parents or children. Talking down to a coach from a parent or athlete is not permitted. **WE DO NOT TOLORATE BAD BEHAVIOR.** If such actions take place, the individual(s) will be asked to leave the program. **WE HAVE A 2 STRIKE RULE.** Parents are never to address an athlete personally. If you or your child has an issue with another team member, you must first go to the coach for assistance. If you have suggestions or concerns, please feel free to discuss this with the coach, or Yvonne and Richard.

Please be respectful of our practice times. Practices may go over practice times if the coach feels that it is necessary. We are always happy to listen to any new ideas you feel may be helpful to our program. During practice or at a competition, is not the appropriate time for these discussions. Please find time prior to or after practices. Parents may also find emailing a useful way to resolve minor issues.

Athletes are not allowed to bring valuables to the gym as we (gym owners/coaches) will not be responsible for lost or stolen items. Athletes are responsible for keeping track of all their own belongings and items.

Jewelry is not allowed to be worn during practices, therefore should not be on when your athlete walks through the door. Please do not give any jewelry to the coaches or staff to hold, as they are not responsible for any personal items or belongings. Energy drinks are prohibited. If any athlete is seen with one at the gym, or at competitions, it will be thrown away by a GEA or Just Tumble staff member.

Athletes are not allowed to have long or sharp nails. Please make sure they are always trim and smooth. Nails for competitions are to be short to where you can't see them when turning your hand over to look at your nails. Competition nails can only be light nude colors or French manicure. No bright colors or designs.

As a parent your support is crucial, without you there are no kids, and thus no program. GEA will not show favoritism to any child. We feel each child is an important part of the entire program, and that no one person is bigger than the GEA Allstar Spirit. You may not agree with every decision made here, but you have chosen to be part of this competitive cheer program. In essence this means that you have chosen to follow the rules and regulations as stated in this contract.

Remember, we are all part of the GEA Family. Every athlete is here to learn, have fun, and win championships. Together and only together can GEA Allstars be successful. It takes a strong and serious effort by everyone involved to build positive, confident, successful individuals and award-winning teams. Once you become part of the GEA family, we know you will understand the Determination, Feel the Passion and be Rewarded with the Support of one of the largest and most successful cheer programs in Northern California! We are thrilled that you have chosen to be part of our family, the GE Nation.

Tuition Costs/Payments

Tuition is paid monthly per athlete for ALL TEAMS. This includes 2 practices per week. There will be added practices during competition weeks at the Coach's Discretion. These added practices are mandatory. We reserve the right to go over allotted practice times as needed by the gym/coaches. These added practices do not increase tuition and are solely for preparing for competitions/events. If you pay all of the monthly tuition fees up front (including hard costs this season) you can save 5% overall. Golden Elite Allstars bases fees on an annual basis. **There are NO REFUNDS of any kind or PARTIAL MONTHLY CREDITS of cheerleading fees if you choose not to continue (or unable) to participate or are removed from a team.** Your monthly payments are for your annual commitment, not payments for monthly or a la carte services. Athletes that are injured must still pay monthly fees. If you leave a team during the season, the remaining balance on your annual fee is payable immediately. If you quit or are removed from the program, there is a \$600 quit fee and all uniforms/practice wear, warmups, etc with a GEA logo will be forfeited and stay with GEA if they have not been received yet. Those fees are non-refundable.

ALL PAYMENTS WILL BE AUTOMATICALLY DEDUCTED ON THE DATES LISTED BELOW. YOU MUST HAVE A CREDIT CARD ON FILE OR YOUR BANK INFORMATION FOR ECHECK

FULL SEASON ELITE LEVEL (Includes Tiny, Mini, Junior and Senior Teams)

- Monthly Tuition \$229 a month starting 6/1/2024.
- Registration \$95 6/1/2024
- Practice Wear \$150 7/15/2024
- Music/Choreography \$365 8/15/2024
- Team Bow \$50 9/15/2024
- Gym Shirt \$40 10/15/2024
- Coaches fee \$270 11/15/2024
- Competition Fees 4 payments of \$297.25; Dates: 8/15,9/15,10/15,11/15/2024
- Uniform (New Athletes) \$650 TBD
- Warmups (New Athletes) \$250 TBD
- Rebel Cheer Shoes \$120 Approx. TBD
- Tiny and Mini teams will include a \$300 discount.
- A \$300 Credit will be added to your account for all 23-24 returning GEA athletes (Can not be used towards monthly tuition) after you complete your 24-25 registration for the Elite level program.
- Teams chosen to go to NCA Dallas will have an additional fee of \$500 that will be due on 12/1/2024. These teams will be announced by September 1st, 2024.

FULL SEASON PREP MINI 1.1 (Birth years- 2015 through 2018)

- Monthly Tuition \$169 a month starting 6/1/2024
- Registration \$95 6/1/2024
- Uniform \$250 7/1/2024
- Music/Choreography \$200 8/15/2024
- Team Bow \$50 9/15/2024
- Gym Shirt \$40 10/15/2024
- Coaches fee \$100 11/15/2024
- Competition Fees- 4 payments of \$162.50; Dates: 8/15,9/15,10/15,11/15/2024
- Practice Wear (Optional) \$150 TBD
- Warmups (Optional) \$250 TBD

FULL SEASON TINY NOVICE (Birth years- 2017 through 2021)

- Monthly Tuition \$149 a month starting 6/1/2024
- Competition Fees \$350 8/15/2024
- Team Bow \$35 8/15/2024
- Uniform \$50 (Tank Top and Skirt) 9/15/2024

OPTIONAL COSTS

- Unlimited Tumbling at Just Tumble is \$99 a month
- GEA Custom Water Bottle \$45 Insulated with athlete name engraved
- Travel to Competitions—You are responsible for all travel costs

5% discount if you pay in full for the season (included hard costs this season)

\$25 a month sibling discount for the first additional athlete (Does not include Prep or Novice teams)

\$40 a month sibling discount for every additional athlete after (Does not include Prep or Novice teams)

Other Information/Frequently Asked Questions and common topics

WHEN DO PRACTICES BEGIN?

Practices for all teams will start around the first week of June. Actual practice days for each team will be set by GEA coaching staff after tryouts. Full season teams will practice 4 hours a week. However, more practices may be added at any time but mainly prior to competitions. These are added at coaches' discretion. **All paperwork and down payments must be received for team members to start practicing.

WHAT IS THE LENGTH OF THE SEASON?

All competition teams are a year around commitment. Our season runs from June through April/May, with competitions beginning in November.

WHAT IF MY CHILD MISSES PRACTICE?

All absences should be called to their Coach at least 48 hours prior to the missed practice. Extreme family emergencies or a graded school event are the only excused absences. If your cheerleader misses a practice one week prior to any competition or two weeks prior to a National Competition, GEA staff has the option to replace them in that competition and/or change their position in his/her routine.

WHAT ABOUT HOLIDAYS AND VACATIONS?

No vacations after August 10th, 2024. Please understand that if you miss, it affects a stunt group, pyramid, and team. You must commit 150% or this team is not for you, period. The gym will post closed holidays and typically emails are sent out to notify cheerleaders of gym closing dates. We encourage all cheerleaders to take their summer vacations when the gym is closed. Cheerleaders must submit their request for vacation to GEA coaching staff at least 2 weeks prior to the vacation dates. GEA coaching staff reserves the right to move a cheerleader's team placement based on excessive absences during the summer months or no longer performing skills they had at try outs.

WHAT HAPPENS IF MY CHEERLEADER MISSES A PRACTICE?

We take attendance very seriously. *Athletes will incur a \$50 fine for any unexcused absence.* Your account will automatically be charged for the fine. Excessive absences will result in removal from the team. After 2 unexcused practices a meeting will be held with parents & cheerleader.

WHAT DOES MY CHEERLEADER WEAR TO PRACTICE?

Typically, practice wear will be handed out in August or September; so until that time, cheerleaders are required to wear black on black sports bra and shorts or other GEA approved apparel. (No additional colors, i.e. pink stripes, swooshes, waistbands, etc.) Additional practice wear is available for purchase at the GEA spirit shop. Bows must be worn with hair pulled up in a high pony. Bows can be worn in any color, but our GEA colors of black/gold/white are preferred. No jewelry can be worn at any time. Appropriate cheer shoes must be worn to practice at all times. Comp shoes will be specific shoes that the whole team is required to wear. Our Gym wide required competition shoe is the Rebel Revolution Blackout only.

WHAT HAPPENS IF I AM BEHIND ON MY MONTHLY PAYMENTS?

If for any reason a cheerleader's family falls behind in payment, it is the family's responsibility to contact GEA accounting to resolve the matter. GEA coaching staff reserves the right to bench any cheerleaders for delinquent accounts. The Cheerleader will be required to attend all practices but will be benched during this time until their account is in good standing. There will be a \$50 late fee for accounts 5 days behind. You will not be allowed to do private lessons, cheer clinics, tumbling classes, or competitions until you are current and up to date.

WHAT HAPPENS IF MY CHEERLEADER IS NOT PERFORMING AT THE SKILL LEVEL REQUIRED OF HIS/HER ASSIGNED TEAM?

All cheerleaders must perform at the highest level of the skills required for the level of his/her team. If for any reason, the cheerleader's skills are not meeting these expectations, GEA coaching staff reserves the right to move the cheerleader down to the team of his/her appropriate level.

WHAT HAPPENS IF MY CHEERLEADER QUILTS THE TEAM FOR ANY REASON?

There are no refunds from any fees paid for any reason, including illness or injury.
If you leave a team during the season, the remaining balance on your annual fee is payable immediately. If you quit or are removed from the program, there is a \$600 quit fee and all uniforms/practice wear, warm ups, etc with a GEA logo will be forfeited and stay with GEA if they have not been received yet. Those fees are non-refundable.

CAN THE ATHLETE STILL TAKE TUMBLING CLASSES OR PRIVATE LESSONS AT JUST TUMBLE IF THEY LEAVE AND GO TO ANOTHER ALLSTAR PROGRAM, QUIT ON A TEAM OR IS REMOVED FROM A TEAM?

No, you will not be allowed to return to Just Tumble for 2 cheer seasons!

WHAT HAPPENS IF MY CHEERLEADER'S TEAM QUALIFIES FOR THE SUMMIT OR ALLSTAR WORLDS IN ORLANDO?

When a team qualifies for the Summit or ALLSTAR Worlds competitions, we as a gym will go if we feel the team is ready. By signing up for a travel team, you must agree to go, and it will not be put up for a vote. A revised practice schedule will be set by GEA coaching staff and all practices will be mandatory. Any cheerleader missing a Summit or ALLSTAR Worlds practice could result in removal from the team, with an alternate substituting in for your cheerleader. In addition, there will be extra fees incurred for coaching, travel, and comp fees and/or additional practice wear or uniform costs.

IS MY ATHLETE ALLOWED TO DYE HER HAIR?

No! Your child will not be allowed to color his/her hair any color that could become a distraction to the judges. Example: Green, Blue, Hot Pink, Purple, Red, etc.

WILL MY ATHLETE BE REQUIRED TO SPRAY TAN/SELF TAN FOR COMPETITIONS? Yes. We will have select competitions that will have mandatory requirements to be spray tanned.

PREFERRED AIRLINE TRAVEL?

We recommend flying Southwest because it's easier to switch flights if needed. I also recommend purchasing a flight if we do a Reno competition in the winter months. Traveling by car might not be feasible due to heavy snow.

WHEN ARE TRAVEL DAYS?

Travel days are always Fridays before comps and Mondays after comps for away competitions needing airfare; apart from NCA Dallas, which we will travel on Wednesday due to practice in Dallas on Thursday or Friday. This goes for Summit and All-Star Worlds as well.

DO WE HAVE TO STAY IN TEAM HOTELS?

Most of the time, YES. Many events are **Stay to Play** meaning you must stay in the designated hotels offered by the Event producer. **We will inform all families of “stay to play” hotel requirements for each competition once we know.**

PROMOTIONAL MATERIAL

Golden Elite All Stars has the right to use, for promotional purposes, any photographs or videos taken at the facility, any event, or during any Activity. Such images may be used in Just Tumble/Golden Elite All Stars brochures, posters, website, social media, or other promotional materials without liability or payment.

ALTERNATE ATHLETES FOR THE 24-25 SEASON

This season, we are going to be offering alternate spots on teams and here is how it will work:

We will be placing an extra athlete on every team (if possible). That athlete will not be charged monthly tuition but will attend all practices, competitions, etc. If someone becomes sick or unable to practice, compete, etc, the alternate will step in for that athlete. The alternate will learn all positions IE: backspots, side base, main base, etc.

If the alternate is needed to permanently replace an athlete, we will work out the payment part at that time. The alternate will still be responsible to buy a uniform, warm ups, gym shirt, bow, etc and required to attend all practices and competitions.

*The content of this information packet is subject to change without notice

This is the proposed age grid for the 2024-2025 season

*subject to change

2024-25 Season	DIVISIONS	USASF ATHLETE BIRTH YEAR ("x" indicates eligible for that division)																				APPROX AGES	
TIER		2004 or before	1/1/05-5/31/05	6/01/05-12/31/05	2006	1/1/07-5/31/07	6/01/07-12/31/07	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	1/1/19-5/31/19	6/1/19-12/31/19	2020	2021	
ELITE CLUB	Senior Open (L4-5)	x	x		x	x																	18+
	Senior & Limited (L6)				x	x	x	x	x	x	x												14-19
	Senior (L1-5)				x	x	x	x	x	x	x	x											13-19
	Junior (L1-6)									x	x	x	x	x	x	x	x						9-15
	Youth (L1-5)												x	x	x	x	x	x					8-12
	Mini (L1-2)															x	x	x	x				7-9
	Tiny (L1)																	x	x	x	x		6-7
PREP	Senior Prep (L1.1, 2.1, 2.2, 3.1, 3.2)				x	x	x	x	x	x	x	x	x										12-19
	Junior Prep (L1.1, 2.1, 2.2, 3.1, 3.2)									x	x	x	x	x	x	x	x						9-15
	Youth Prep (L1.1, 2.1, 2.2, 3.1, 3.2)												x	x	x	x	x	x					8-12
	Mini Prep (L1.1, 2.1, 2.2)															x	x	x	x				7-9
	Tiny Prep (L1.1)																	x	x	x	x		6-7
NOVICE	Senior Novice (L1-3 w/restrictions)				x	x	x	x	x	x	x	x	x										12-19
	Junior Novice (L1-3 w/restrictions)									x	x	x	x	x	x	x	x						9-15
	Youth Novice (L1-3 w/restrictions)												x	x	x	x	x	x					8-12
	Mini Novice (L1-2 w/restrictions)															x	x	x	x				7-9
	Tiny Novice (L1 w/restrictions)																	x	x	x	x	x	4-7
CheerABILITIES	CheerABILITIES Elite (L2 w/restrictions)	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x			6+
	CheerABILITIES Novice (L1 w/restrictions)	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x			6+
	CheerABILITIES Exhibition (L2 w/restrictions)	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x			6+
	CheerABILITIES Unified Open Exhibition	x	x	x	x	x																	18+
	CheerABILITIES Unified Junior Exhibition							x	x	x	x	x	x	x	x								10-17
ELITE INTERNATIONAL	CheerABILITIES Unified Youth Exhibition											x	x	x	x	x	x	x	x				5-12
	International Open (L6-7, 7NT)	x	x	x	x	x																	18+
	International U18 (L1-4, 6NT)				x	x	x	x	x	x	x												14-18
	International U16 (L1-4)									x	x	x	x	x									12-16

Use the Birth Year columns to verify athlete eligibility for all divisions. The Approx. Ages are reflective of the typical age range athletes are at some point during the 2025 calendar year based on their birth years listed for each division.

PLEASE PRINT THESE 2 PAGES AND BRING THEM WITH YOU TO TRYOUTS

GEA ENTERPRISES INC., Roseville, CA

WAIVER OF LIABILITY, RELEASE, INDEMNITY, AND ASSUMPTION OF RISK AGREEMENT

Athletes Name: _____

Age as of December 31, 2024: _____

Birthday: _____

In consideration of the services of GEA Enterprises Inc , Roseville, California, and its owners, members, agents, officers, subcontractors, employees, and all other persons or entities acting in any capacity on its or their behalf (hereinafter collectively referred to as "GEA"), I hereby agree, on behalf of myself, my child, my spouse, my child's other parent(s) or guardian(s), my parents, my family members, my agents, heirs, assigns, personal representative, and estate (collectively, the "releasing parties"), as follows:

1. I understand and acknowledge that the activities that I, my child, or any of the releasing parties engage in or observe while on GEA's premises, or while under the auspices, supervision, or control of GEA, or while traveling to or from such activities, pose known and unknown risks which could result in injury, pain, suffering, paralysis, death, emotional distress, loss of companionship, and/or damage to me, to my child, to property, to the releasing parties, and/or to third parties. The following describes some, but not all those risks, and I understand and acknowledge that there are other risks, both foreseeable and not foreseeable, that are not included among the following which any of the releasing parties may suffer:

Cheerleading, dance, and gymnastics, including performances of stunts and use of trampolines and other equipment, is dangerous and entails certain risks inherent in the activities that simply cannot be eliminated without jeopardizing the essential qualities of the activity. Without a certain degree of risk, participants would not improve their skills, and their enjoyment of the activity would be diminished. Cheerleading, dance, and gymnastics expose participants to the usual risk of cuts and bruises, and other more serious risks as well. Participants often fall or come in contact with other participants or with equipment or objects, can sprain or break wrists and ankles, can incur injuries caused by others, and can suffer more serious injuries, including paralysis and death. Traveling to and from practice, rehearsals, shows, meets, competitions, and exhibitions raises the possibilities of any manner of transportation accidents.

2. I expressly agree to accept and assume all the risks, known and unknown, foreseeable and not foreseeable, related to, arising out of, or in any way connected with GEA-related activities, including but not limited to performance of stunts and use of trampolines and equipment, and the negligent acts or omissions of GEA or others. My participation and that of my child is purely voluntary. No one has force or coerced me or my child to participate. I elect for myself and my child to participate in such activities in spite of the risks.

3. On behalf of myself, my child, and the releasing parties, I hereby voluntarily release, forever discharge, and agree to defend, hold harmless, and indemnify GEA from any and all liability, claims, demands, costs, damages, actions, or rights of actions asserted by any of the releasing parties, which are related to, arise out of, or are in any way connected with my or my child's participation in GEA-related activities ("Costs").

4. Should GEA incur attorney's fees or costs related to or arising from my obligations under this agreement, I agree to indemnify and reimburse GEA for such attorney's fees and costs.

5. I represent and warrant to GEA that adequate health, accident, and liability insurance is in force and will be maintained to cover any Costs, and if such Costs are not paid in full, then GEA shall not have, and I hereby release GEA from, any obligation to pay or reimburse any such Costs, and I agree to pay the Costs.

6. I agree that the substantive and procedural laws of the State of California shall apply to this agreement and in any action arising from this agreement without regard to the conflict of laws rules of the State of California, that the state courts of California shall have exclusive jurisdiction of any action, and that such action shall be brought only in the county in which GEA is located.

7. I acknowledge and agree that if anyone is hurt or property is damaged during my participation or the participation of any of my child, I may be found by a court of law to have waived my right to maintain a lawsuit against GEA on the basis of any claim from which I have released GEA by signing this Agreement, and such lawsuit shall be dismissed.

8. I acknowledge and agree that this agreement is intended to be as broad and inclusive as is permitted by the laws of the State of California, and that if any provision of this agreement is found to be void or unenforceable, such provision shall be modified, if possible, only to the extent necessary to render it enforceable, and the remainder of this agreement shall remain in full force and effect.

I hereby give consent to GEA Enterprises Inc. AKA Just Tumble/Golden Elite Allstars to photograph, videotape, or otherwise digitally record and use images and/or sound recordings of myself or my child or children (if applicable) to use in any public media, including radio, television, internet, social media, print or in any of the organizations or its partners' publications, productions, or posts.

9. I understand that the intended use of such images and information is solely for the purpose of advertising, marketing, fundraising and/or the promotional and public awareness purposes for the organization. I hereby waive any rights or interest in the images or recordings, as contemplated in this release. I acknowledge that this consent to use images and/or recordings is being made solely for the benefit of the organization and comes without any expectation of monetary compensation or other benefit to me. To the extent that any benefit accrues or might accrue to the organization from the use of images or information, I hereby and forever waive any interest in or claim to such benefits. I hereby release and forever discharge the organization (including without limitation all corporate affiliates and officers, directors, trustees, donors, employees, agents and volunteers) from any and all claims, liability, actions, suits, demands, costs, expenses or indebtedness arising out of, related to, or in any way connected with the use of images and materials described herein, and I hereby waive all rights and interest in and to such information and materials. I further acknowledge that there is no guarantee that any or all of the participants' images or recordings will be used in any released media.

I HAVE CAREFULLY READ THIS AGREEMENT AND UNDERSTAND ITS CONTENTS. I AM AWARE THIS IS AN ASSUMPTION OF RISK, A RELEASE, A WAIVER OF LIABILITY, AND AN INDEMNITY, AND I SIGN IT VOLUNTARILY. I UNDERSTAND THAT I GIVE UP SUBSTANTIAL LEGAL RIGHTS BY SIGNING IT, I AM AWARE OF ITS LEGAL CONSEQUENCES, AND I SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT, ASSURANCE, OR GUARANTEE BEING MADE TO ME. I INTEND MY SIGNATURE TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW.

I have had sufficient opportunity to read this entire document. I have read it and understand it. I agree to be bound by its terms.

Signature of Parent/Guardian: _____

Print Name: _____ Date: _____