



**GOLDEN ELITE ALLSTARS**  
**HANDBOOK 2026-2027**

**Welcome to Golden Elite Allstars!** We are excited for you to become a part of one of Northern California's largest programs for All-Star Cheer and tumbling!

Golden Elite Allstars has something for every athlete from ages 4 and up. Regardless of skill set, Golden Elite Allstars is a place to call home for everyone!

Outside of training amazing athletes, GEA prides itself on building up the next generation of leaders. We strive daily to teach our athletes important life skills. The importance of commitment, hard work, integrity, leadership, self-confidence, positive attitude, and passion for our sport is at the core of what we instill in each of our athletes! Every single family is important to our program, and we invite you to come and see what being "Golden" is truly like. Come join our #GENation!

**Evaluations are a 2-day Process! (May 17<sup>th</sup> & 18<sup>th</sup> from 5:30pm - 8:30pm)**

**Pre check-in with beginning at 4:30pm**

**PARENT MEETING immediately FOLLOWING EVALUATIONS ON MAY 18<sup>th</sup>!**

When you arrive for evaluations, you will check in with your athlete's name. Each athlete will be given a number that you will wear during evaluations.

Attached to this packet, there will be an evaluation form that needs to be printed, filled out completely, and brought in with you to evaluations to hand over at the check-in desk. Please attach an athlete photo to your evaluation form. You will not be allowed to try out if this form is not filled out prior.

## Selection Process

Multiple factors are considered when forming our full-season teams. Athlete evaluations include skill level in areas such as tumbling, jumps, stunts, and overall technique, as well as positional suitability (base, back spot, or flyer). Team composition and overall balance are also taken into consideration. In some cases, an athlete may not possess every skill typically associated with a specific level; however, their strength, size, technique, positional ability, or mastery of a specific skill may fulfill an important team need, such as a base or back spot. These factors are carefully evaluated to ensure the success and safety of the entire team.

In addition to technical ability, leadership qualities are a key focus at Golden Elite Allstars. Athletes are expected to demonstrate a strong work ethic, discipline, coachability, and passion for the sport. Our goal is not only to develop skilled cheerleaders, but also to cultivate positive role models within the sport and our community.

Athletes who display a lack of effort, poor attitude, or unwillingness to work as part of a team may not be placed on a team. Behaviors such as disengagement during tryouts or practices, negative body language, eye-rolling, or failure to take the process seriously will be taken into consideration during evaluations.

Athletes should only perform skills they can execute confidently, consistently, and with proper technique. Coaches will not provide spotting for tumbling skills during tryouts. Skills that cannot be performed safely and independently will not be considered during evaluations. Athletes are encouraged to showcase the skills they perform best.

## Sign-Up Day

Sign-Up Day will be held on **May 24th** from 11AM to 5PM and is a required event for all athletes. During Sign-Up Day, athletes will be fitted for uniforms and practice wear, and families will receive assistance with **USASF registration and Band App**. Get registration finalized through Amilia for monthly and installments payments. This day also provides an opportunity for athletes and families to meet coaching staff and teammates. Light snacks and activities will be available for athletes. We will also have photo stations for athletes to take pictures. **PLEASE BRING A LAPTOP OR IPAD TO THIS EVENT IF YOU HAVE ONE.** This will speed up the process.

Team and/or level placements will be communicated at Sign-Up Day. If an **asterisk (\*)** appears next to an athlete's name, this indicates consideration for multiple teams. We may have them practice on more than one team during the first month in order to find the team with the best fit. Please note that athletes are trying out to be members of **Golden Elite Allstars**, not for placement on a specific team. Athlete movement between teams and skill levels may occur throughout the season based on performance and progression and is a normal part of most competitive programs.

Team placements are made with great care, intention, and consideration by our coaching staff. Every decision is based on athlete ability, team chemistry, leadership potential, and what will set each athlete and team up for the greatest success. To protect the integrity and unity of our program, placements are final.

While we are not able to accommodate specific team requests or discuss other athletes, we are always excited to partner with our families. Our staff is happy to provide individual feedback and clear development goals so your athlete can continue growing, building confidence, and working toward higher-level opportunities throughout the season.

## **Tuition & Payment Policy**

Tuition is billed monthly and due on the 1st of each month. Monthly tuition includes two (2) scheduled practices per week. Additional practices may be added during competition weeks at the discretion of the coaching staff and/or gym. These additional practices are mandatory. Golden Elite Allstars also reserves the right to extend practice times as deemed necessary by the gym or coaching staff. Additional practices or extended practice times do not result in increased tuition and are strictly for competition and event preparation.

Golden Elite Allstars tuition is calculated on an annual basis. As such, no refunds or partial monthly credits will be issued for any reason, including but not limited to withdrawal, inability to participate, injury, or removal from a team.

Athletes who are injured are still responsible for all monthly tuition payments. If an athlete withdraws from a team or excused from the program at any point during the season, a \$600 termination fee will be due immediately.

## **Uniforms**

All uniform costs and additional items purchased are non-refundable. **Parents are required to attend the uniform fitting and sign a confirmation of their athlete's order. GEA will not be responsible for uniforms that do not fit upon arrival.**

Please note if an athlete's past due amount and uniform paid at the time of arrival, they will not receive it till payment has been completed in full.

Please be aware that our uniforms may have scripture on them. "**John 3:16**" and our gym shirts also have scripture on it as well. It cannot be removed or altered in any way.

## Practices

Once selected for a Golden Elite Allstars team or level, it is your obligation to attend ALL practices, including extra added practices. When one member is absent, it can keep a whole team from achieving their goals for that practice.

### **Practices start Tuesday June 3<sup>rd</sup> (exact times will be determined after Try-outs)**

We will have practices in the month of June to get the teams together and begin skill building. Those days and times will be emailed asap following placements. Your team will practice on Tuesdays and Thursdays or Monday and Wednesday. Practice times will be 4:00-6:00 for Tiny/Mini teams, 5:00-7:00, 6:00-8:00 or 7:00-9:00 for older teams. This will be subject to change according to the number of teams and levels. \* Subject to change

Please know that practice times are for team related activities, such as perfecting the routine, learning the pyramid, stunting, choreography, and routine related tumbling. Limited time is spent with individual athletes. Golden Elite Allstars recommends participation in additional tumbling classes, or tumbling privates to enhance and grow individual skills.

### **Attendance & Illness Policy**

Attendance is mandatory and taken very seriously at Golden Elite Allstars. All planned absences must be submitted through the Absence Request Form on the website at least one (1) month in advance. Submission of a request does not guarantee that the absence will be excused. Absences due to family events, parties, conflicting sports, or other extracurricular activities are not considered excusable.

Athletes will be assessed a \$50 fee for each unexcused absence. Any absence occurring within two (2) weeks of a competition will result in a \$200 fine. Fines will be automatically charged to the account on file. Excessive absences may result in removal from the team. After two (2) unexcused absences, a meeting will be required with the athlete, parent(s)/guardian(s), coach, and gym owner. **Please note that submitting an absence request does not automatically excuse the absence.** No absences will be approved after August 11th.

All athletes are required to attend all practices during competition weeks. Failure to attend practice during a competition week may result in the athlete being ineligible to compete at that event or paid a \$200 missed practice fee.

Excessive tardiness will not be tolerated and may result in disciplinary action, including removal from a team or program. During competition season, Golden Elite Allstars reserves the right to schedule additional mandatory practices as needed.

There is no additional cost for these practices.

## **CLOSURE DATES**

**FATHER'S DAY- June 21<sup>st</sup> , 2026**

**JULY 4TH BREAK- July 2<sup>nd</sup> -July 8<sup>th</sup> , 2026**

**SUMMER BREAK- July 31<sup>st</sup> – August 9<sup>th</sup>,2026**

**LABOR DAY WEEKEND- September 4<sup>th</sup> - September 7<sup>th</sup>, 2026**

**HALLOWEEN- October 31<sup>st</sup>, 2026**

**THANKSGIVING BREAK-November 25<sup>th</sup> – November 29<sup>th</sup>,2026**

**CHRISTMAS BREAK- December 22<sup>st</sup> - January 3<sup>rd</sup> 2027**

**EASTER- March 28<sup>th</sup>, 2027**

**SPRING BREAK- We do not close for spring break because not everyone has the same week off and we are still in season.**

**No Vacations after August 11<sup>th</sup>, 2026**

**Choreography -is typically in the middle to late July .... Choreography is mandatory. You must attend even if you are sick.**

### **Golden Elite Allstars Communication Policy**

Golden Elite Allstars is committed to maintaining clear and effective communication with our athletes and families. Multiple communication channels are available to address questions, concerns, or suggestions.

All communication should be directed to the gym through email at [yvonne@justtumble.com](mailto:yvonne@justtumble.com). This allows families to share feedback in a constructive manner, address concerns regarding their athlete, and provide any important information the gym should be aware of. Families may request a return phone call or an in-person appointment when submitting an inquiry. Every effort will be made to respond in a timely manner.

Parents are not allowed to approach any coaches to discuss issues. We will set up a meeting to discuss whatever you need to talk about.

All billing-related inquiries must be submitted via email to [Richard@justtumble.com](mailto:Richard@justtumble.com)

**💎 GOLDEN ELITE ALLSTARS  
FULL SEASON ELITE PROGRAM**

Birth Years: June 1, 2007 – 2021

(Practices 2 days a week-- 2 hour practices)

**DUE AT SIGNING FOR NEW ATHLETES: \$229 FOR JUNE MONTHLY**

**DUE AT SIGNING FOR RETURNING ATHLETES: \$199 FOR JUNE MONTHLY**

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**💰 MONTHLY TUITION**

*(Begins June 1, 2026- April 30<sup>th</sup> 2027)*

- NEW Athletes: \$229 per month
- RETURNING Athletes: \$199 per month

Tuition is due on the 1st of each month and covers weekly team practices and scheduled training sessions.

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**💎 SEASON PROGRAM FEES**

*(Begins June 15<sup>th</sup> – December 15<sup>th</sup> )*

**Program fees will be split into 6 payments of \$365 a month starting June 15<sup>th</sup>**

The following items are included in your Season Program Package:

- ✓ Registration Fee
- ✓ Practice Wear includes 2 tops, one gym and one team bra
- ✓ Music & Choreography
- ✓ Competition Fees for Athlete
- ✓ Practice & Competition Bows
- ✓ Official Gym Shirt
- ✓ End-of-Season Banquet
- ✓ Coaches Travel Fees

Uniform will be billed separately as returning athletes already have them

- Uniform \$650 plus tax DUE 8/15/2026
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**👟 REQUIRED FOOTWEAR**

Rebel Cheer Shoes – Approx. \$120

Athletes will receive a purchase code to order directly from Rebel Athletics.

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**📌 IMPORTANT NOTES**

- All fees are scheduled per season timeline and are non-refundable unless otherwise stated.
  - Taxes included
  - Starting in June 2025, Amilia (our enrollment, registration, scheduling, and communication platform) will add 3.99% to all payments/charges. This portion is charged by and goes directly to Amilia for use of their platform.
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**FULL SEASON TINY NOVICE ( Practice one day week)**

**\*\*\*\*\* (Birth years- 2018 through 2022) \*\*\*\*\***

- Monthly Tuition \$199 a month starting 6/1/2026 ALL INCLUSIVE

Includes Registration, Comp Fees, Music, Choreo, Outfit and Monthly Tuition

## FULL SEASON LIMITED TRAVEL PROGRAM

Birth Years: June 1, 2007 – 2021

**DUE AT SIGNING FOR NEW ATHLETES: \$179 FOR JUNE MONTHLY**  
(Practices 2 days a week 1 ½ hour practices) Driving Distance Competitions

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### MONTHLY TUITION

(Begins June 1, 2026- April 30<sup>th</sup> 2027)

- \$179 per month

Tuition is due on the 1st of each month and covers weekly team practices and scheduled training sessions.

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### SEASON PROGRAM FEES

(Begins June 15<sup>th</sup> – December 15<sup>th</sup>)

**Program fees will be split into 6 payments of \$240 a month starting June 15<sup>th</sup>**

The following items are included in your Season Program Package:

- ✓ Registration Fee
- ✓ Practice Wear
- ✓ Music & Choreography
- ✓ Competition Fees for Athlete
- ✓ Practice & Competition Bows
- ✓ Official Gym Shirt
- ✓ End-of-Season Banquet
- ✓ Coaches Travel Fees

Uniform will be billed separately as returning athletes already have them

- Uniform \$250 plus tax DUE 8/15/2026
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### REQUIRED FOOTWEAR

Rebel Cheer Shoes – Approx. \$120

Athletes will receive a purchase code to order directly from Rebel Athletics.

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### IMPORTANT NOTES

- All fees are scheduled per season timeline and are non-refundable unless otherwise stated.
- Crossover fees( Doing 2 teams) will run \$50 for Monthly tuition and 2<sup>nd</sup> team comp fees (approx \$600)
- Starting in June 2026, Amilia (our enrollment, registration, scheduling, and communication platform) will add 3.99% to all payments/charges. This portion is charged by and goes directly to Amilia for use of their platform.

### OPITIONAL COSTS

- Unlimited Tumbling at Just Tumble is \$149 a month
- Travel to Competitions—You are responsible for all travel costs

5% discount if you pay in full for the season (Elite Teams Only)

Must be paid in full all at one time

\$25 a month sibling discount for the first additional athlete (Does not include Prep or Novice teams) \$40 a month sibling discount for every additional athlete after (Does not include Prep or Novice teams)

## SAMPLE OF COMPETITION SCHEDULE

GSSA - San Mateo - Challenge - DI/DII	San Mateo	CA
Cheer Power - Holiday - Roseville - Showdown - DI/DII	Roseville	CA
The American Grand - Grand Nationals -	Las Vegas	NV
The American Masterpiece - San Jose - Nationals DI/DII	San Jose	CA
Spirit Sports - Grand Nationals	Palm Springs	CA
NCA - Roseville - Showdown	Roseville	CA
NCA - All-Star National Championship	Houston	TX
USA All Star Cheer and Dance Super Nationals - DI/DII	Anaheim	CA
CHEERSPORT - Nor Cal - Classic - DI/DII	Davis	CA
The Varsity All Star CELEBRATION - West	Sacramento	CA

\*\*\* This is not our comp schedule. This is an illustration of the proposed competitions we are looking to attend

Private Tryout Fee Paid \_\_\_\_\_ # \_\_\_\_\_

**TURN IN THE FOLLOWING WITH THIS FORM:  
HEADSHOT & COMPLETE ONLINE WAIVER FOR GOLDEN ELITE  
ALLSTARS**



Name: \_\_\_\_\_ Birth Year: \_\_\_\_\_

Athlete's Cell: \_\_\_\_\_ Parent's Cell: \_\_\_\_\_

Email address(es): \_\_\_\_\_

Any medical conditions or previous injuries? \_\_\_\_\_

Are you willing to be on 2 teams team: **YES NO MAYBE**

Tell Us About Your Skills... (levels, years of experience, Rec, Allstar or School)

Base: \_\_\_\_\_

Backspot: \_\_\_\_\_

Flyer: \_\_\_\_\_

Standing Tumbling: \_\_\_\_\_

Running Tumbling: \_\_\_\_\_

**AUTHORIZATION TO PARTICIPATE IN TRY-OUTS...**

*I give my child, whose name appears above, permission to try-out for the 2025-26 GOLDEN ELITE ALLSTARS Team. I understand that the sport of cheerleading is a dangerous sport and will not hold GOLDEN ELITE ALLSTARS, it's owners or employees liable for any injury incurred as a result of my child participating in the clinic or try-out. Parent/Guardian Signature Required is athlete is under 18 years of age.*

Parent / Guardian Signature X \_\_\_\_\_ Date \_\_\_\_\_

Evaluation Category	Level 1	Level 2	Level 3	Level 4	Level 5R/5	Notes:
Flexibility						
Standing Tumbling						
Running Tumbling						
Jumps						

Coaches Recommendation: Final Team \_\_\_\_\_ Position: \_\_\_\_\_

Crossover Team \_\_\_\_\_ Position: \_\_\_\_\_

**FOR TRY-OUT EVALUATORS ONLY**

*Questions to ask:*